

Fraser Youens House Menu

Lunch Week 7

Monday

The Main Event
Chicken Quesadilla

Vegetarian Meal
Spiced Vegetable Quesadilla

The Extras
Spiced Rice, Mexican Potato Salad,
Roasted Med Veg

To Finish
Churros and Sauces

Tuesday

The Main Event
Individual Toad in the Hole

Vegetarian Meal
Vegetarian Toad in the Hole

The Extras
Mash Potato, Broccoli, Honey
Glazed Carrots, Onion Gravy

To Finish
Apple & Berry Strudel

Wednesday

The Main Event
Lamb & Three Bean Hot Pot

Vegetarian Meal
Mock Lamb Hot Pot

The Extras
Sweet Potato Mash, Green Beans,
Sweetcorn

To Finish
Sticky Toffee Pudding, Salted
Caramel Sauce

Thursday

The Main Event
Roast Chicken

Vegetarian Meal
Mushroom Wellington

The Extras
Roast Potatoes, Parsnips, Broccoli,
Carrots, Yorkshire Pudding, Gravy

To Finish
Bread & Butter Pudding,
Vanilla Ice Cream

Daily

Selection
Salad
Cu
Mixed
Homema

Soup
with
£

Friday

The Main Event
Battered Cod or Lemon, Garlic,
Herb Chicken

Vegetarian Meal
Fishless Fingers

The Extras
Homemade Chunky Chips, Peas,
Beans, Curry Sauce, Batter Scraps

To Finish
Mango & Citrus Sponge

Saturday

Saturday Breakfast
Cumberland Sausage, Smoked
Bacon, Black
Pudding, Eggs Of
Your Choice, Grilled
Tomato, Sauteed
Mushrooms, Baked Beans,
Toast,
Selection of Cereals, Porridge,
Yoghurts & Fresh Fruit

Sunday

The Main Event
Beef Lasagne, Paco de
Gallo, Homemade Garlic
Flat Bread To
Follow Lemon
Meringue Cake

Snacks

Monday
Fish Finger & Fishless Finger Bagel

Tuesday
Loaded Skins & Toppings

Wednesday
Homemade Cornish Pasties

Thursday
Pulled Pork, Pulled Ommph Bagel

Friday
Ham & Cheese, Cheese & Tomato
Sub Melts



Three

Salad Bar

*n of Big Bowl
ls, Tomato,
cumber,
d Leaf with
de Dressings &
Oils*

of the Day

Homemade

Bread



GS ESTD
1562
| WYCOMBE

#OARDING