

04/03/2024

Dear Parents

**ADHD training for parents by Sarah Templeton - Monday 11 March 6PM**

We are delighted to welcome [Sarah Templeton](#) to RGS on Monday 11 March 2024. Sarah is a specialist trainer in ADHD, the author of several books and a member of the All-Party Parliamentary Group for ADHD at the Houses of Parliament. She is coming to school on **Monday 11 March 2024** to run a session for teaching staff and has generously offered us a session for parents that evening, with a focus on how to identify and manage ADHD in their child/ren whilst keeping them physically and emotionally safe. We invite all parents to attend and especially parents of a child/ren with ADHD, those whose child/ren is undergoing a diagnosis, those who suspect their child may have ADHD as well as any parents who are interested in finding out more about this topic. If you haven't already heard the recent podcast on BBC Sounds, you may also be interested in this [BBC Sounds Podcast](#) aired in February.

The **in-person session for parents will begin at 6pm on Monday 11 March**, in the new Sixth Form Centre and will run for approximately 120 minutes. There will be time throughout to ask questions as she has found her presentation will often have parents making links about specific behaviours of/and strategies for their child. To ensure that we have enough seating, please can parents register their interest by completing the form below.

[Please complete this form to confirm your seats](#)

Kind regards



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