

October 2023

Dear Parents/Guardians

**Year 8 Academic Evening for Parents**

We're always looking for ways to support our students and wonderful parent community. As you know we work with Action Your Potential to support our students' mental health, learning progress and mind management.

Our aim is to support every member of our community to become a #NeuroNinja, to find out all about their amazing brain and enjoy and engage with life to the full. On **Tuesday 10 October** Andrew and Darren from Action Your Potential are running workshops for all our Y8 students focused on supporting them to build their motivation, personal responsibility and organisational skills. We will also help them build the skills to respond rather than react to change and challenge so they can make good choices in their learning and peer group relationships.

In addition, on the **evening of Tuesday 10 October** we are holding an Academic Evening from 19:00-20:00 in the Queen's Hall where Action Your Potential will present to you the information that your son has had access to. To sign up to this in person event at RGS for parents and carers please [click here](#). As a member of our school community you already have access to the #NeuroNinja Learning Hub, you can sign [up to join here](#) if you haven't already done so.

Yours sincerely,

Sabrina Lawson  
Assistant Head

Andrew Wright  
Action Your Potential