

4 September 2024

MEDICAL ROOM NEWSLETTER

Dear Parents/Carers

I would like to introduce myself as Mrs Barry - the School Matron - Registered Nurse (Child) & SCPHN (Specialist Community Public Health Nurse).

The Medical room assistant is Mr Anderson (Qualified First Aider).

The Medical room is open for students between 08.30 - 15.30.

All students prescribed Auto Adrenaline Injector pens must carry two on them at all times and **must** ensure they take them on School Trips. The School also has two emergency epi-pens that can be used on anyone suspected of having an anaphylaxis reaction.

All students with an asthma diagnosis must carry a reliever inhaler with them at all times and **must** ensure they take it on School trips. The School also has an emergency asthma inhaler kit which can be used if a Student does not have quick access to their reliever.

48 Hour rule - All pupils absent with a vomiting/diarrhoea bug must stay off School for 48 hours after their last symptoms, in order to protect the School community.

Medical Conditions/Care plans

Please ensure you inform Matron of all medical conditions and please update Matron if medical needs change. When appropriate a care plan will be created.

UPCOMING EVENTS

16th October - South Central Ambulance Service will be teaching Year 10 CPR

25th & 26th March 2025 - Provisional booking for CRY (Cardiac risk in the young) to provide cardiac screening. This event is run on a first come, first served basis and will only go ahead if there is enough interest. More details will be sent out after the Christmas Holidays.

Year 12 & 13 will have access to the C-Card system, where they can receive free condoms and will also have the opportunity to discuss any sexual health concerns.

IMMUNISATIONS

6th December - All pupils in Year 7 - 11 will be offered the Flu vaccination. Pupils in Year 12 & 13 can only have this vaccine in School if they have a chronic condition such as Asthma.

Year 8 - HPV vaccination - date to be confirmed

Year 9 - Diphtheria, Tetanus & Polio; ACWY Meningitis - date to be confirmed

CONCUSSION

Any student **suspected** of having a concussion will be placed on our gradual return to sports programme. This is to prevent secondary concussion that is a serious condition and in some cases can be fatal. Please ensure Matron is aware of any concussions that happen in clubs, outside of School, so that the same protocol can be followed.

SPORTS

Please email Matron directly if your son is unable to take part in PE/Games, with the reason and duration of time off. In the majority of cases it is expected that your son will still need to sign in for the Sports lesson.

ANTIBIOTICS

Students may attend School on antibiotics as long as this has been agreed by their G.P. In the majority of cases it is expected that antibiotics are given at home. However, if this is not possible please contact Matron.

Matron's contact details are: matron@rgshw.com If it is an urgent query or you wish to discuss your concerns please call the Main School number - 01494 524955 where you will be put through to Matron.

Thank you

Gina Barry (Matron)