

6 September 2024

Dear Parents / Carers

Year 7 Residential Trip 2024/25 - Tuesday 24th to Wednesday 25th September 2024

We are delighted to announce that we will be offering spaces for all Year 7 students on our annual multi-activity residential expedition which this year will take place at [Phasels Wood Activity Centre](#) near Kings Langley. RGS has now been running a Year 7 residential trip for over 20 years and it is an excellent introduction to the fantastic school trip opportunities at RGS.

The aim of the two days is to give our pupils the chance to work with each other in an informal environment, further develop communication and leadership skills, increase self-esteem and motivation and improve their self-determination. It will also provide a fantastic experience for pupils to stretch themselves, develop and have fun while making friends outside their immediate peer group. The activities will include team building activities, a low rope 'off the ground' activity, buggy building, wide games and navigation exercises.

The provider, Wilderness Expertise, is Adventure Activities Licensing Authority licensed which means they are able to provide all the above activities. They use highly qualified experienced and approved Leaders, who will be responsible for safety as well as skills development. These Leaders have each been chosen for their leadership, coaching, personal skills, experience, training and qualifications and have all been screened by the Disclosure and Barring Service.

Cost: The cost of this trip is **£180** and includes food, fully qualified instructors, all group equipment, tents, medical kit, 24hr safety backup and transport. We would not wish for children to be excluded from the trip for financial reasons. If you feel that the cost involved is prohibitive, please do contact our Director of Co-Curricular, Dominic Clatworthy on dec@rgshw.com in strictest confidence as there may be funding available to assist you.

Timings: Depart: 0845 on Tuesday 24th September 2024 **Return:** 1500 on Wednesday 25th September 2024 (to allow for normal after school transport arrangements). If you wish your child to take part in the trip, please pay online via ParentPay from 0900 Monday 9th September.

Yours sincerely

David Durning
Assistant Head and Head of Year 7