

6 January 2025

Dear Parent/Carer,

Allergies

I hope this message finds you well. I am writing to remind you of a few important practices in place at our school to ensure the health and safety of all our students.

We are a nut-free school to protect students with severe nut allergies. Exposure to nuts, even in trace amounts, can trigger serious allergic reactions in some students. To maintain a safe environment, we kindly ask that you avoid sending any nut-containing products, such as peanut butter, nut spreads, or snacks made with nuts, in your child's lunch or snack.

Additionally, we have students with asthma and allergies who can be adversely affected by aerosol deodorants and sprays. For this reason, we ask that students do not bring or use aerosol products at school. We recommend stick or roll-on deodorants as safe alternatives.

Your cooperation with this is essential to creating a safe and inclusive environment for all students. Thank you for your attention to these matters and for helping us protect the health and well-being of our school community.

If you have any questions or concerns, please do not hesitate to contact the school office.

Thank you for your continued support.

Yours sincerely,



Mr D Durning
Assistant Head – Student Development
The Royal Grammar School, High Wycombe
dpd@rgshw.com