

16 September 2024

Dear Parents/Carers

Academic Development Evening - Year 13

We're passionate here at the RGS about helping every single one of our students achieve their potential. For us it is always about both providing them with an excellent academic experience in our classrooms and exceptional enrichment beyond the classroom. We want our students to be the best they can be every single day and we therefore want to help them build the skills of resilience, positive mental health, mind management and learning that will see them succeeding in perpetuity.

On **Tuesday 24 September** [Action Your Potential](#) is returning to work with our Y13 students. The team from AYP are working across every year group offering our students deep insight into how their amazing brains works. Andrew from AYP will be running a parent and carer webinar at 19:00 sharing with you the key ideas from that day's workshops with the students. The evening webinar will be broadcast via Google Meet. [If you sign up via this form](#) and then a few days before the webinar we will send you a calendar link to join the meeting. Before you click on the live link please turn off your camera and microphone.

In this workshop with Andrew from Action Your Potential, we'll explore how our wonderful young people can turn their aspirations and dreams into reality through harnessing the incredible power of values, habits and daily behaviours to unleash their amazing brains. This workshop transforms the A Level problem into a series of daily responses you can support your child to implement. We will be focused on the RGS values of integrity and aspiration in ways you won't have thought about before.

Please see the promotional video [here](#).

After the webinar Andrew will share the slides and more details of the resources and strategies that the AYP team share with the students in the workshops.

Yours sincerely,
Sabrina Lawson
Assistant Head

Andrew Wright
Action Your Potential