

7 October 2024

Dear Parents/Carers

Year 11 Academic Development Evening for Parents

We're always looking for ways to support our students and wonderful parent community. As you know we work with Action Your Potential to support our students' mental health, learning progress and mind management.

Our aim is to support every member of our community to become a #NeuroNinja, to find out all about their amazing brain and enjoy and engage with life to the full. On **Tuesday 15 October** Andrew and Darren from Action Your Potential are running workshops for all our Y11 students focused on supporting them to get ready for their exam year. In these workshops for every Y11 student, they will be taught powerful habits to support learning, memory, revision and planning.

In addition, on the **evening of Tuesday 15 October** we are holding an in-person Academic Development Evening in the Sixth Form Centre from 19:00-20.00 at RGS where Action Your Potential will present to you the information that your son has had access to, so that you can also understand how your brain works and how best to support your son during this important year. To sign up to this event at RGS for parents and carers please [complete this form](#).

As a member of our school community you already have access to the #NeuroNinja Learning Hub. You can sign up to join [here](#) if you haven't already done so.

If you have any questions about the #NeuroNinja programme please email Andrew Wright - andrewwright@aypuk.com

Yours sincerely,

Sabrina Lawson
Assistant Head

Andrew Wright
Action Your Potential