

12 September 2024

Dear Parents/Carers

Year 7 Residential Trip 2024/25 - Tuesday 24th to Wednesday 25th September 2024

Just a quick reminder that we are offering spaces for all Year 7 students on our annual multi-activity residential expedition which this year is taking place at [Phasels Wood Activity Centre](#) near Kings Langley. RGS has now been running a Year 7 residential trip for over 20 years and it is an excellent introduction to the fantastic school trip opportunities at RGS.

Cost: The cost of this trip is **£180** and includes food, fully qualified instructors, all group equipment, tents, medical kit, 24hr safety backup and transport. We would not wish for children to be excluded from the trip for financial reasons. If you feel that the cost involved is prohibitive, please do contact our Director of Co-Curricular, Dominic Clatworthy on dec@rgshw.com in strictest confidence as there may be funding available to assist you.

Timings: **Depart** 0845 on Tuesday 24th September 2024 **Return** 1500 on Wednesday 25th September 2024 (to allow for normal after school transport arrangements).

The aim of the two days is to give our pupils the chance to work with each other in an informal environment, further develop communication and leadership skills, increase self-esteem and motivation and improve their self-determination. It will also provide a fantastic experience for pupils to stretch themselves, develop and have fun while making friends outside their immediate peer group. The activities will include team building activities, a low rope 'off the ground' activity, buggy building, wide games and navigation exercises. Students attending the trip will need to ensure they have the following items on the [kit list](#).

If you wish your child to take part in the trip, please pay online via ParentPay or contact Mrs Turney on jdt@rgshw.com.

Yours sincerely

David Durning
Assistant Head and Head of Year 7