MONDAY Activity Time Location **Changing Room Age Group Fives** Yr 8 **Fives Court** n/a Break 11:40-12:10 **Badminton** KS3 Squads Sports Hall 9 & 10 Recreational Gym Yr 9-10 Gym 9 & 10 9 & 10 Rugby Squad S&C Yr 8 Gym Lunchtime 13:25-14:15 **Fives** Yr 10 **Fives Court** n/a Y7&8 9 & 10 Basketball Sports Hall 9 & 10 Recreational Gym Yr 11-13 Gym Senior Rugby Squad S&C Yr 12 9 & 10 Gym **After School Recreational Tennis** Yr 7 - 13 4 & 5 Astro 15:45-17:00 **Outdoor Cricket Nets** Yr 11 - 13 Cricket & Field **Pavilion** Yr7-9 (by invitation Stroke Development Swimming Pool only) Pool TBC * **Rowing Water Session** Gossmore **After School** TBC * **Rowing Ergs Ergs** 1 17:00-18:00 TBC * Rowing Squad S&C 9 & 10 Gym

^{*}Rowing details will be confirmed via rowing comms

TUESDAY					
Time	Activity	Age Group	Location	Changing Room	
Break 11:40- 12:10	Recreational Badminton	Yr 7-9	Sports Hall	8	
	Fives	Yr 10	Fives Court	n/a	
	Recreational Gym	Yr 9-110	Gym	9 & 10	
Lunchtime 13:25-14:15	Rugby Squad S&C	Yr 10	Gym	9 & 10	
	Basketball	Yr 10-12	Sports Hall	8	
	Fives	Yr 8	Fives Court	n/a	
	Recreational Gym	Yr 11-13	Gym	9 & 10	
	Rugby Squad S&C	Yr 9	Gym	9 & 10	
After School	Senior Rugby/Speed (to start 06.05.25)	Yr 12-13	Pitches	2 & 3	
15:45-17:00	Cricket	Yr 7	Outdoor Cricket Nets & Field	Pavilion	
	Tennis Coaching (sign up via ParentPay)	Yr 9-10	Astro	4 & 5	
	Rowing	TBC*	Ergs	1	
After School 17:00-18:00	Rowing Water Session	TBC*	Gossmore	1	
	Rowing Ergs	TBC*	Ergs	1	
	Rowing Squad S&C	TBC*	Gym	9 & 10	

^{*}Rowing details will be confirmed via rowing comms

WEDNESDAY					
Time	Activity	Age Group	Location	Changing Room	
Pre School 07:30-08:30	Rowing S&C	TBC*	Gym	9 & 10	
Break 11:40- 12:10	Badminton	Yr10 GCSE	Sports Hall	8	
	Fives	Yr 9	Fives Court	n/a	
	Recreational Gym	Yr 11-13	Gym	9 & 10	
Lunchtime 13:25-14:15	Rugby Squad S&C	Yr 8	Gym	9 & 10	
	Basketball	Yr 8-9	Sports Hall	8	
	Fives	Yr 11	Fives Court	n/a	
	Recreational Tennis	Yr 7-11	Tennis courts	2	
	Recreational Gym	Yr 9-10	Gym	9 & 10	
	Rugby Squad S&C	Yr 11-12	Gym	9 & 10	
After School	Cricket	Yr 9	Outdoor Cricket Nets & Field	Pavillion	
15:45-17:00	Fencing	Yr 8	Sports Hall	8	
	Rowing	TBC*	Water	1	
	DART Karate	Yr 7-13	Sports Hall	8	
After School 17:00-18:00	Rowing Ergs	TBC*	Ergs	!	
	Rowing Water	TBC*	Water	1	

^{*}DART Karate is run by an external company - for all enquiries, please visit www.dart-selfdefence.com

^{*}Rowing details will be confirmed via rowing comms

THURSDAY					
Time	Activity	Age Group	Location	Changing Room	
Break 11:40- 12:10	Badminton	KS4/5 Squads	Sports Hall	8	
	Fives	Yr 11	Fives Court	n/a	
	Recreational Gym	Yr 11-13	Gym	9 & 10	
	Rugby Squad S&C	Yr 9	Gym	9 & 10	
Lunchtime 13:25-14:15	Athletics Club	Y7-Y10	Main Field	4 & 5	
	Multi Activity	Yr 7-10	Sports Hall	8	
	Fives	Yr 7	Fives Court	n/a	
	Recreational Gym	Yr 9-10	Gym	9 & 10	
	Rugby Squad S&C	Yr 10	Gym	9 & 10	
	Fitness Club	Yr 10-12	Pitches	2 & 3	
After School 15:45-17:00	Cricket	Y10	Outdoor Cricket Nets & Field	Pavilion	
	Rowing	TBC*	Water	1	
	Fencing	Yr 9-13	Sports Hall	8	
	Tennis Coaching (sign up via ParentPay)	Yr 7&8	Astro	4 & 5	
After School 17:00-18:00	Rowing Water Session	TBC*	Gossmore	1	
	Rowing Ergs	TBC*	Ergs	9&10	
	Rowing Squad S&C	TBC*	Gym	9 & 10	
	*Powing details will be confirmed via				

^{*}Rowing details will be confirmed via rowing comms

FRIDAY				
Time	Activity	Age Group	Location	Changing Room
Break 11:40- 12:10	Badminton	Yr 10-13	Sports Hall	8
	Fives	Yr 8	Fives Court	n/a
Lunchtime 13:25-14:15	Recreational Gym	Yr 9-13	Gym	9 & 10
	Fives	Yr 12-13	Fives Court	n/a
	Athletics Club	Y7-Y10	Main Field	4 & 5
After School 15:45-17:00	Cricket	Yr 8	Outdoor Cricket Nets & Field	Pavilion
	Rowing Water	TBC*	Gosmore	1

^{*}Rowing details will be confirmed via rowing comms